

A LOVE BOOKLET FOR ALL TO ENJOY



THE DIFFERENCE BETWEEN TRUE AND PHONY LOVE

TRUE LOVE

1. You don't need or expect anything back from your loved one. Love giving is something you do unconditionally.
2. In loving, you are true to yourself. You don't try "to please" or go against your gut feeling in order "not to hurt" him/her.
3. You listen and understand your loved one when he/she talks and interacts with him/her. You care about what he/she thinks and feels. You both take turns talking and listening. You don't give your opinion until you're asked- and your loved one does ask you often. You both "discuss" more than you "argue".
4. You're not afraid to show physical affection toward your loved one. You don't confuse sex with affection with your loved one nor use the physical love for some deficiency you see in yourself.
5. You trust him/her. You have faith and confidence in the person. You can separate who your loved one is from what he/she does.
6. You respect the person you love. There is something about him/ her that turns you on, makes you feel good.
7. You can risk being intimate with this person. You can let down your guard and not be self-conscious and be close.
8. You will always love this person. You know that your love is certain and permanent because it's based on feelings you have for yourself. The self you love in him/her is the one you love in yourself. Perpetual loving is guaranteed, since you'd have to stop loving what's inside of you to stop loving what's inside him/her.
9. You're happy when you're near your loved one. Sure you can be comfortable when you're alone, but you want to be with the person you love.
10. You love this person more than you need him/her. You take pleasure in his/her personal growth and encourage it.

THE DIFFERENCE BETWEEN REAL AN PHONY LOVE

PHONY LOVE

1. The person giving the “love” wants and needs something back; a better self-concept, control, or “things” for example.
2. The love tends to be inconsistent, weak or immature. It’s very “polite” and “nice” it’s never painful, since it’s never more than surface. The love giver (and the love receiver at times) does not invest much of self in the relationship.
3. The love giver is too involved, or too controlling, or demands a particular action from you to “prove your love”.
4. Physical affection usually turns into sex or seduction- sex for power, dominance, or self-worth, or an expression of hostility.
5. Love is conditional. It’s based on your performance, or your physical, financial, or social attributes. Your lover doesn’t love you, but something about you.
6. Your loved one doesn’t love you. He/ She is suspicious of your motives, is jealous, and/ or lies to you. You lie to him/ her in order to avoid making waves. You often hold back your true feelings.
7. The “love” you receive seems to be selfish; it’s always taking. You end up feeling used.
8. The “loving person” is too dependent on you. If you go away or want to do something on your own, he/she gets hurt, angry, blaming, or falls apart. You feel obligated and responsible for his/her feelings.
9. The loving person doesn’t really respect you. He/She doesn’t value your opinions or consider your position to be important. He/She puts you down in public.
10. The “loving” person takes you for granted. Most things seem to come before you do, and he/she always has a “good reason” for it or accuses you selfish or too sensitive.

THE RULES

1. The female makes the rules.
2. The rules are subject to change at any time without prior notification.
3. No male can possibly know all the rules.
4. If the female suspects that the male knows all the rules, she must immediately change some or all of the rules.
5. The female is never wrong.
6. If the female is wrong, it is due to a misunderstanding that was a direct result of something the male did or said wrong.
7. The male must apologize immediately for causing said misunderstanding.
8. The female may change her mind at any time.
9. The male must never change his mind without the express consent of the female.
10. The female has every right to be angry or upset at any time.
11. The male must remain clam, unless the female wants him to be angry and/or upset.
12. The male is expected to mind read at all times.
13. If the female has PMS, all the rules are null and void.
14. The female is ready when she is ready.
15. The male must be ready at all times.
16. The male who does not abide by the rules can't take the heat, lacks backbone and is a wimp.

WAYS TO BE ROMANTIC

1. Write 100 romantic ideas on separate slips of paper. Fill a jar with them. Once a week, one of you picks an idea at random, and has to implement it within a week. Take turns being the chooser every other week.
2. When traveling, give a rose (or flower) for each day you will be away.
3. Send long-stem Chocolate roses: Call 800-527-6566. Only \$34 a dozen.
4. Have a portrait painted from a photograph.
5. Shower together. Showering together is not only romantic; it's economically responsible.
6. Check out the morning paper for his horoscope. Cut it out, write a comment in the margin. Tape it to the bathroom mirror or stick it in his appointment book (calendar).
7. Buy a lottery ticket. Give it to her with a note attached: "Take a chance on me. Your chances are better than one in a million!"
8. Plan your weekend together! Figure out how to get those chores done quickly and efficiently, so you will have time to be together
9. Go for a walk:
 - >Directions: Find the nearest beach, forest or park.
 - >Instructions: Stand side-by-side. Hold hands. Walk. Talk.
10. Share a bubble bath.
11. Carve her initials and yours in a tree.
12. Create an "At Home Date": Include dinner and dancing. Formal attire required.
13. Go lingerie shopping together. (Accompany her into the dressing room).
14. Get a copy of The Joy of Sex. Read parts of it aloud to each other. Try some of its suggestions.
15. Send long-stem chocolate cookies: Call 800-843-9315.
16. Give her Hersey Kisses
 - *Give her one
 - *Give her a thousand
 - *Remove all the little paper strips, that say "Kisses" on them, from a couple hundred Hersey's Kisses. Fill a little jewelry box with them. Wrap'em up and present them to her.
 - *Write a clever certificate explaining that the little paper slips are coupons redeemable for one kiss each.
17. Notes with stuffed animals...
 - >Teddy Bears: "I can't bear being away from you..."
 - >Stuffed Pigs: "I'm hog wild over you!"
 - >Stuffed Lions: "I'm roarin' to get you!"
 - >Stuffed Tigers: "Grrrrrr!"
 - >Stuffed Monkeys: "Let's monkey around!"
18. Know your anniversaries. All of them
 - *Your wedding
 - *The day you first met
 - *Your first date
 - *Your first kiss
 - *Etc...
19. Go to a carnival, fair or amusement park together. Plan to blow an entire roll of quarters on silly games.
20. Go on a "Toy Shopping Spree." Each of you take ten dollars and buy toys for yourself. Take the home, unwrap them, and tell your partner why you bought what you bought. You'll learn a lot about each other.
21. Practice "Leap Year Romance." When February 29th rolls around, take the day off of work and declare it your own personal "Romance Day."
22. Send him a perfumed love letter.
23. Send him flowers at work.

24. Greet him at the door wearing lingerie!
25. Celebrate the onset of your menstruation with a little champagne. For you, it can be a celebration of relief; and for her it might ease the discomfort a bit.
26. Write a "Personal Resume." Imagine that you are applying for a job as her boyfriend or husband. What kind of resume would you prepare? Attach a little note that says "I'd like for you to get to know me better." Mail it to her along with an appropriate cover letter.
27. Go bicycling together. Rent a bicycle built for two!
28. Cook a meal together.
29. Wash her hair for her. She'll love you for it. Guaranteed.
30. Write him a check for a million kisses.
31. Play "Car Games."
 - *Kissing at every stoplight.
 - *Kissing whenever you spot a red Corvette.
 - *Making love at highway rest areas.
 - *And variations of "**How Far Will You Go?**"
32. Play strip poker. Play strip chess.
33. When was the last time you sat on his lap and "made out"??
34. Unplug the television. Put a note on the screen saying "turn me on instead".
35. Vow to start saving mementos of your life together.
36. Spend an "all-nighter" together: Make love, watch movies, go out to an all-night diner, go for a moonlit stroll, make love again, watch old movies on TV, blast the stereo and dance at 3:00am. Then sleep all day the next day.
37. Watch the sunset together. Find a hill. Bring a picnic. It's better than TV.
38. Play Miniature Golf together. Go match your skills and have a good time.
39. Make a custom certificate for your lover. You can get blank forms at any good stationery or paper store.
 - *A certificate "For Putting Up With Me Over The Years".
 - *An award "For Meritorious Conduct in Bed".
 - *An acknowledgement of "The World's Best Wife".
 - *A plaque "For Hugs and Kisses Above and Beyond the Call of Duty".
40. Give "Love Coupons".
 - Store bought
 - Backrub
 - Lovemaking
 - Joy of Sex
 - Romantic dinner (out)
 - Romantic dinner (in)
 - Movie (out)
 - Movie (in, via video)
 - "I'll do your chores"
 - A ride in the country
 - A walk on the beach
 - Picnic
 - Ice Cream
 - An evening of dancing
41. "Dollar Bill" Coupons: Make a simply sketched one dollar bill; put your picture in the center; make 100 photocopies ; cut them out; make a stack. Give them to your lover, along with a list of various activities, and what they'll cost.

For example:

 - ❖ Dinner out: \$5
 - ❖ An expensive dinner out: \$15
 - ❖ A movie out: \$3
 - ❖ A movie in: \$1
 - ❖ I'll cook for you: \$12

- ❖ I'll bring dinner home: \$1
 - ❖ One backrub: \$4
 - ❖ Going shopping with you: \$20
 - ❖ Making love: \$1
 - ❖ Making love (when I don't feel like it): \$99
 - ❖ Washing your car: \$7
42. Concepts of coupons:
- >Made out of business cards
 - >Made on restaurant menus
 - >Made from magazines
 - >Made from lingerie catalogs
 - >Made on lingerie
43. A gift-a-day for the 12 days of Christmas
44. Create a "Love Fund". Deposit one-dollar bill into a jar every time you make love.
45. If your lover was a good student in school, maybe he'll be motivated by a "Romance Report Card". Grade him A+ through F- in these categories:
- | | |
|------------------|-------------------------------|
| *Thoughtfulness | *Timeliness |
| *Communication | *"Extracurricular Activities" |
| *Little Gestures | *Big Gestures |
| *Anniversaries | *Birthdays |
| *Flowers | *Vacations |
| *Surprises | *Sensuality |
| *Gifts | *Intimacy |
| *Presents | *Add you OWN categories! |
46. Write "I Love You"...
- On the sidewalk with a piece of chalk
 - On the car windshield with a piece of soap
 - On eggs on the refrigerator
 - On her/his computer
 - On his/her underwear in embroidery

ROMANTIC THINGS TO DO TODAY

ROMANTIC PLANS FOR THE NEXT MONTH

ROMANTIC HABITS TO START

THESE ARE A FEW OF MY LOVER'S FAVORITE THINGS

NOTES FOR WRITING MY NEXT LOVE LETTER

LONG-RANGE ROMANCE PLANNING

THINGS TO DO ON A DATE

1. Ride through the park after dark in a horse drawn carriage.
2. Discover an out of the way café.
3. Enjoy a sunset walk along the beach
4. Have “your table” at your favorite restaurant.
5. Lend support during a tough time.
6. Hang mistletoe together.
7. Pass love notes in the library.
8. Sneak away for a moonlit swim.
9. Flirt only with each other.
10. Snuggle up while listening to music.
11. Stop to make a purchase from a street flower vendor.
12. Share a bag of M&M’s.
13. Walk arm in arm on a foggy night.
14. Make a list of your favorite songs and record them on a tape (CD).
15. Relax with a Brandy by a fire.
16. Act lovey-dovey without being embarrassed.
17. Share a box of Godiva chocolates.
18. Go parking.
19. Watch the pleasure boats scurrying about on the river on a hot Saturday afternoon.
20. Start the “wave” at a ballgame.
21. Team up- wax your car in the park.
22. Have friends over for a backyard cookout.
23. Shape up and jog together.
24. Picnic together.
25. Sit outside on the deck to enjoy a meal at a marina restaurant.
26. Make s’mores over a campfire.
27. Put the rest of the world on hold, and take a leisurely walk through the woods.
28. Go scuba diving to explore the underwater world.
29. Visit a National Park together.
30. Start the day right with a sunrise picnic.
31. On an autumn day, treat yourselves to a covered bridge tour.
32. Spend a sunny spring afternoon working in the garden.
33. Make discoveries at a planetarium.
34. Wonder through a botanical garden.
35. Take a class together.
36. Spend the entire day whale watching.
37. Enjoy the view of your city from an overlook.
38. Stroll through a campground.
39. Explore a nature center.
40. Go out and dine at a Five Star Restaurant.
41. Get lost in the delight sounds of a symphony concert.
42. Celebrate a special occasion with a bottle of vintage wine.
43. Dress your best to go to a formal.
44. Hire a violinist to play during dinner.
45. Dress formally for a meal at Burger King.
46. Ask your date out with a formal invitation.
47. Brush up on your knowledge of history by visiting a historical monument.
48. While walking downtown, treat yourselves to a street vendor meal.
49. Experience the excitement of Chinatown.
50. Dress as a tourist and ask strangers to take pictures of the two of you all over town.
51. Collect cocktail napkins of places that you’ve been together.
52. For country dwellers, spend the day in the city.
53. See the latest museum exhibit.

54. Pick up a carry-out dinner and enjoy it at your favorite spot.
55. With a telescope, some munchies and a warm blanket and watch for Hailey's comet.
56. Go grocery shopping at 3:00 am
57. Go fishing together before the sun comes up.
58. Window shop.
59. Hunt for bargains at a Midnight Madness Sale.
60. For a long date, play a complete game of Monopoly.
61. Make New Year's resolution lists together.
62. Hug
63. Celebrate your good times.
64. Share your thoughts and feelings about life after dark.
65. Request "your song" on the radio.
66. Help solve a problem by writing a letter to Dear Abby together.
67. Whisper sweet nothings.
68. Read poetry to each other
69. Share a brief version of your life together.
70. Take a snuggle break during a stressful time.
71. Celebrate Significant Other Day at the end of each month.
72. Pinch in to help each other solve a problem.
73. Read the Sunday comics together.
74. Relax yourselves in a hot tub.
75. Get away for a day trip.
76. Take a ferryboat ride.
77. Crash a large family reunion, then eat and run.
78. Grab your camera and go to the zoo for a great afternoon.
79. Take a donkey ride along a mountain trail.
80. Go bowling.
81. Spread a blanket on the living room floor and have an indoor picnic.
82. Stay at home for a date.
83. Take an IQ test.
84. Improve yourselves with an image consultant.
85. Teach each other to dance.
86. Celebrate Sweetest Day in October.
87. Read old cards and letters from each other to each other.
88. Play hide and seek.
89. Go for a drive and kiss at red lights and stop signs.
90. Buy matching tee shirts.
91. Strike out of your regular routine and go to a minor league baseball game together.
92. People watch at the mall.
93. Take off for a day cruise.
94. Play pitch and catch in the backyard.
95. If you live in the city, spend the entire day in the country.
96. Go plane watching at the airport late at night.
97. Be couch potatoes together.
98. Go trick or treating again.
99. Bury your time capsule of mementos of your relationship.
100. Send each other romantic notes.
101. Write your initials in wet cement inside a heart.
102. Kiss
103. Celebrate your dating anniversaries.
104. Fall in love all over again.
105. Make a toast to each other.
106. Take a compatibility test.

MONEY COUPON PRICES

1. Dinner out	\$5
2. A movie (in)	\$1
3. A movie (out)	\$3
4. I'll cook dinner	\$12
5. One back rub	\$4
6. Going shopping with you	\$10
7. Making love	\$1
8. Making love when I don't feel like it	\$50
9. Doing your homework	\$15
10. Watch what you want to watch on TV	\$5
11. Wash your clothes	\$20
12. Spend the weekend with you at your house	\$10
13. Kissing (a peck)	\$1
14. Kissing (long)	\$3
15. Kissing when I don't feel like it	\$45
16. Hugging	\$2
17. Hugging when I don't feel like it	\$40
18. A love letter	\$7
19. A full body massage	\$10
20. Your own special day	\$30
21. A nice compliment	\$3
22. A luxurious bath with me	\$15
23. A luxurious bubble bath alone	\$5
24. A picnic in the park	\$8
25. Time out (to do what you want to do, i.e. talk)	\$10

MEMORIZE THIS LIST

You need to know all of your lover's favorite things. Here's a list. Fill in the blanks. Add additional items:

1. Favorite color _____
2. Lucky number _____
3. Favorite flower _____
4. Favorite perfume _____
5. Favorite author _____
6. Favorite book _____
7. Favorite fairytale _____
8. Favorite children's book _____
9. Favorite Bible passage _____
10. Favorite saying/verse/probverb _____
11. Favorite song _____
12. Favorite singer _____
13. Favorite musical band _____
14. Favorite kind of music _____
15. Favorite dance tune _____
16. Favorite magazine _____
17. Favorite cookie _____
18. Favorite ice cream _____
19. Favorite kind of chocolate _____
20. Favorite snack food _____
21. Favorite restaurant (inexpensive) _____
22. Favorite restaurant (expensive) _____
23. Favorite TV show (old) _____
24. Favorite TV show (current) _____
25. Favorite comedian _____
26. Favorite actress/actor _____
27. Favorite movie _____
28. Favorite play _____
29. Favorite musical _____
30. Favorite show tune _____
31. Favorite kind of dog _____
32. Favorite kind of cat _____
33. Favorite hero/heroine/role model _____
34. Favorite athlete _____
35. Favorite sport (to watch) _____
36. Favorite sport (to play) _____
37. Favorite sports team _____
38. Favorite position _____
39. Favorite foreplay activity _____
40. Favorite season _____
41. Favorite time of day _____
42. Favorite hobby _____
43. Favorite type of jewelry _____
44. Preferred type of clothing _____
45. Dream vacation spot _____
46. Favorite comic strip & cartoon character _____
47. Favorite artist _____
48. Favorite style of art _____
49. Favorite meal/favorite food _____

INSTRUCTIONS

The blanks represent the person with whom you are in a relationship. Rate each statement on a 1 to 9 scale, where 1 = not at all, 5 = moderately, and 9 = extremely. Use intermediate points on the scale to indicate intermediate levels of feelings.

1. I am actively supportive of _____'s well being.
2. I have a warm relationship with _____.
3. I am able to count on _____ in times of need.
4. _____ is able to count on me in times of need.
5. I am willing to share myself and my possessions with _____.
6. I receive considerable amount of emotional support to _____.
7. I give considerable amount of emotional support to _____.
8. I communicate well with _____.
9. I value _____ greatly in my life.
10. I feel close to _____.
11. I have a comfortable relationship with _____.
12. I feel I really understand _____.
13. I feel that _____ understands me.
14. I feel that I really can trust _____.
15. I share deeply personal information about myself with _____.
16. Just seeing _____ excites me.
17. I find myself thinking about _____ frequently during the day.
18. My relationship with _____ is very romantic.
19. I find _____ to be very personally attractive.
20. I idealize _____.
21. I cannot imagine another person making me as happy as _____ does.
22. I would rather be with _____ than with anyone else.

23. There is nothing more important to me than my relationship with _____.
24. I especially like physical contact with _____.
25. There is something almost “magical” about my relationship with _____.
26. I adore _____.
27. I cannot imagine life without _____.
28. My relationship with _____ is passionate.
29. When I see romantic movies and read romantic books, I think of _____.
30. I fantasize about _____.
31. I know that I care about _____.
32. I am committed to maintaining my relationship with _____.
33. Because of my commitment to _____, I would not let other people come between us.
34. I have confidence in the stability of my relationship with _____.
35. I could not let anyone in the way of my commitment to _____.
36. I expect my love for _____ to last for the rest of my life.
37. I will always feel a strong responsibility for _____.
38. I view my commitment to _____ as a solid one.
39. I cannot imagine ending my relationship with _____.
40. I am certain of my love for _____.
41. I view my relationship with _____ as permanent.
42. I view my relationship with _____ as a good decision.
43. I feel a sense of responsibility toward _____.
44. I plan to continue my relationship with _____.
45. Even when _____ is hard to deal with, I remain committed to our relationship.

Items 1 to 16 are for measuring the intimacy component; 17 to 30, for the passion component; and 31 to 45, for the decision/commitment component. In order to obtain your score, add up your rating for each of the component subscales and divide by 15. This will give you an average rating for each item.

HEARTBEAT

THUMPING, PITTER PAT, WONDERING WHERE IT'S AT. HEARTFELT, HEARTSWEET,
SWEET DREAMS, HEARTBEAT. PRECIOUS MUSIC IN MY EARS, HAND TO HOLD TO MY
FEARS. LOVING FOOTSTEPS IN THE NIGHT, TREASURED HOPES FOREVER BRIGHT.
BRIGHTEST LOVEM GIFT FROM ON HIGH, GENTLEST, SWEETEST LULLYBY. MIRACLE
OF TINY FEET, BORN OF ONE SINGLE PRECIOUS BEAT. SINGNING, SWEETING LITTLE
SONG, MY HEART TO YOURS WHERE IT BELONGS. THIS FINAL BOND, THIS TIE SO
SURE, FROM OUR LOVE, SO STRONG AND PURE, NOW WHISPER SOFTLY, WHILE LITTLE
BABE SLEEPS. OUR LOVE WILL ALWAYS FOREVER KEEP AND AS THE MAGIC
STARDUST SOARS, MY HEAR IS FOREVER...

ALWAYS, YOURS.

I NEED YOU

IT SEEMS YOU'RE ALWAYS IN MY DREAMS-

YOU FILL MY WORKING HOURS.

YOUR PRESENCE AND YOUR PROMISE

WARM ME WITH THEIR MAGIC POWERS.

MY HEAR'S IN DISSARRAY-MY MIND

IS REELING WITH DISTRACTION.

MY BODY FEELS FOR YOURS

AN IRRESISTABLE ATTRACTION.

WHENEVER WE'RE APART, THAT SENSE

OF EMPTINESS STARTS GROWING.

BUT WHEN YOU'RE CLOSE TO ME

MY WORLD IS FILLED TO OVERFLOWING.

MY THOUGHTS ALL LEAD TO PASSION-

MY EMOTIONS FULLY HEED YOU.

EACH MOMENT, EVERY BIT OF ME

KEEPS SAYING THAT I NEED YOU.

-BRUCE B. WILMER-

A Thought To Remember

It would bring me more joy than I can say

If you would never forget

-not even for a single day-

how wonderful you are...

in my eyes and in my heart.

I'm so often at a lost to find the words

to tell you how much you mean to me.

In my imagination, I compare you with

things like the sunshine in my mornings,

the most beautiful flowers in the fields, and

the happiness I feel on the best days of all.

You're like the answers to a special prayer,

And I think God knew

that my world needed

someone exactly like you.

Do You Know How Important You Are To Me?

I know you probably wonder

from time to time

what you mean to me.

So I'd like to share this thought

with you, to tell you that

you mean the world to me.

Think of something you couldn't live without

...and multiply it by a hundred.

Think of what happiness means to you

...and add it to the feeling you get

on the best days you've ever had.

Add up all your best feelings

and take away all the rest

...and what you're left with is

exactly how I feel about you.

You matter more to me than you can

imagine and much more than I'll ever

be able to explain.

If I Could Write A Poem

If I could write a poem,
I guess I'd begin it by telling you
 how much I cherish
 all the beautiful things about you.

I'd tell you that feelings like
the ones I feel for you are some of the
most special gifts life has to give...
 and that in this life we live,
 you...are one in a million.

And before my
 Poem was through...
I would find a way
 to tell you that there may be
 a lot of folks who help to
 brighten up this world...
but none of them hold a candle to you.

If I Could Have A Wish Come True...

I would wish for
nothing but wonderful things
to come
to you.

In your life, which is
so precious to me,
may troubles, worries, and problems
never linger; may they only make you
that much stronger and able and wise.

And may you rise each day with sunlight
in your heart, success in your path,
answers to your prayers,
and that smile
-that I love to see-
always there...in your eyes.

There are a thousand things
I would like to be for you...
but one of the most important
is just being
the someone
you can talk to

There are so many things
I would like
to do for you...
and so many things I would like
to say and give and share

But for today
I just want you to know
that I promise:

I'll always be there,
And I'll always care.

Maybe You Can Do This
Special Favor For Me...

When we're apart,
I want you to keep me in your heart
and in your mind

Just quietly close your eyes once in awhile
and imagine me here, smiling and thinking
such thankful thoughts of you.

For I spend so many quiet moments
of my own
thinking how much I miss you,
and how hard it is to be apart,

and how wonderful it is
that you're always with me,
warm and cherished...
here in my heart.

I Wish For You...

Happiness. Deep down within.

Serenity. With each sunrise.

Success. In each facet of your life.

Close and caring friends.

Love that never ends.

Special memories. Of all the yesterdays.

A bright today. With much to

be thankful for.

A path. That leads to beautiful tomorrows.

Dreams. That do their best to come true.

And appreciation. Of all the wonderful

things about you.

I Saw You Standing

Upon a field, I saw you standing;

More beautiful that I had ever seen

Reflecting off your silken skin;

Shone the essence of your being.

To glaze upon your glowing face;

So soft...gentle...and pure.

Assures me that I have been wounded;

And I know there is no cure.

But in my last few moments;

You held me in your arms.

And closed my eyes as I fell asleep;

Trying to keep me warm.

As the night wore on, and I slowly drifted away;

I apologize for the pain I caused,

The night I went away.

Just A Little Thought For You To Keep

Though I can't always be there

with you, these words can be.

so I want you to save this

in a special place and,

every now and then

think of me.

I want you to set this aside and

Remember it when you're feeling

Wonderful Company so it can remind you that

That's exactly how you make me feel.

I want you to set this aside and

save it for the days when things

haven't necessarily gone as planned,

and the clouds are hanging around

a little longer than they should.

and maybe it will help to cheer you up.

When you get home in the days to come

and see this booklet

sitting on your dresser or your shelf,

remember I'm probably sitting here,

as I usually do, smiling to think

of all the wonderful

things about you.

This Life Is Yours

This life is yours
Believe in yourself
Take the power
To choose what you want to do
And do it well
Take the power
To walk in the forest
And be a part of nature
Take the power
To control your own life
No one else can do it for you
You deserve the best
Take the power
To make your life
Healthy
Exciting
Worthwhile
And very happy
Take the power
To create your own dreams
And make them come true

Our Special Prayer

These are our wishes, our dreams:

That we may always be more than

Close; that nothing will come

between the bond we share.

That I will always be there for you,

as you will be for me.

That we will listen with love.

That we will share truths and

tenderness.

That we will trust and talk things out.

That we will understand.

That wherever you go, you will be

in my heart,

and your hand will be

in my hand.

APPLICATION FOR A NIGHT OUT WITH THE BOYS

Name of Boyfriend/Fiancé/Husband:

I request permission for a leave of absence from the highest authority in my life for the following period:

Date: Time of departure: Time of return NOT to exceed:

Should permission be granted, I do solemnly swear to only visit the locations stated below, at the stated times. I agree to refrain from hitting on or flirting with other women. I shall not even speak to another female, except as expressly permitted in writing below. I will not turn off my mobile after two pints, nor shall I consume above the allowed volume of alcohol without first phoning for a taxi AND calling you for a verbal waiver of said alcohol allowance. I understand that even if permission is granted to go out, my girlfriend/fiancé/wife retains the right to be pissed off with me the following week for no valid reason whatsoever.

Amount of alcohol allowed (units) Beer Wine Liquor Total

Locations to be visited	Location:	From:	To:
	Location:	From:	To:
	Location:	From:	To:

Females with whom conversation is permitted

IMPORTANT – STRIPPER CLAUSE: Notwithstanding the female contact permitted above, I promise to refrain from coming within one hundred (100) feet of a stripper or exotic dancer. Violation of this Stripper Clause shall be grounds for immediate termination of the relationship.

I acknowledge my position in life. I know who wears the trousers in our relationship, and I agree it's not me. I promise to abide by your rules & regulations. I understand that this is going to cost me a fortune in chocolates & flowers. You reserve the right to obtain and use my credit cards whenever you wish to do so. I hereby promise to take you to an Enrique Iglesias, Marc Anthony, and/or Luther Vandross concert, should I not return home by the approved time. On my way home, I will not pick a fight with any stranger, nor shall I conduct in depth discussions with the said entity. Upon my return home, I promise not to urinate anywhere other than in the toilet. In addition, I will refrain from waking you up, breathing my vile breath in your face, and attempting to breed like a (drunken) rabbit.

I declare that to the best of my knowledge (of which I have none compared to my **BETTER** half), the above information is correct.

Signed - Boyfriend/Fiancé/Husband:

Request is: **APPROVED** **DENIED**

This decision is not negotiable. If approved, cut permission slip below and carry at all times.

✂.....

Permission for my boyfriend/fiancé/husband to be away for the following period of time:

Date: Time of departure: Time of return:

Signed – Girlfriend/Fiancé/Wife:

Case No. _____

Plaintiff: _____

Defendant: _____

Motion to seek relief from mental anguish and loneliness caused by lack of correspondence from a loved one.

The people of the State of Loneliness, County of Heartache, having found sufficient causes to indict you on the following charges.

CHARGE No.1: As a result of your obvious lack of concern and for failure to write or answer your loved ones letters, the court charges you with neglect.

CHARGE No.2: The court charges you with three obvious counts of possession, the court charges you with "Dangerous criminal tools with no intent to use,

- 1.) Pen
- 2.) Paper
- 3.) Postal Service
- 4.) Computer w/ Email & Instant Messaging access

CHARGE No.3: For having your loved ones heart and mind in your possessions, the court charges you with "Reckless Endangerment"

CHARGE No.4: For you lack of sincerity and total misuse of the relationship entrusted to you. The court charges you with "Felonious Storytelling"

CHARGE No.5: Also for failing to write, after promising that you would the court charges you with "Perjury & Fraud" for obvious breach of spoken promises to your loved one.

In the even that you are found guilty of each and every charge in this indictment, The Supreme Court of Joy and Happiness will have no alternative than to impose the maximum sentence a "Lifetime of Happiness" as required by law. As specified by Law you can and will be acquitted of these charges, should you prove that you were ill or otherwise to busy to perform these duties.

****Notice to Dependant****

Upon receipt of a letter/email/instant message from you within 72 hours the charges will be dismissed.

I _____ declare under penalty of laughter of loving humor that the above and forgoing facts are true and correct to the best of my knowledge.

Dated _____ day of _____, 20__ in the State of Loneliness, County Heartache.

*****Keep this indictment in case your needed for appearance in court***